

Biography

Personal Details

Name:	Stephen Miller	Date of Birth:	27 May 1980
Sex:	Male	Marital Status:	Single
Occupation:	Web Developer/Athlete	Qualifications:	BSc (Hons) Business Information Systems

Sporting Details

Physical Condition:	Cerebral Palsy	International Classification:	F32
Sport:	Athletics	Events:	Club and Discus
Personal Bests:		Coaching Qualifications:	
Club: 36m 00cm	Discus: 16m 65cm	Level 1 Field Athletics	

Records Currently Held:

Club

World Championship Record – 32m 56cm

European Record – 35m 98cm

National Record – 36m 00cm

Discus

National Record – 16m 65cm

Major International Competition Attendance/Honours:

Club:

1995 Nottingham Cerebral Palsy International Robin Hood Games – Silver medal
1996 Atlanta Paralympic Games – Gold medal with Paralympic Record
1997 Nottingham Cerebral Palsy World Games – Gold medal with World Record
1998 Birmingham IPC World Athletics Championships – Gold medal
1999 Nottingham Cerebral Palsy European Athletics Championships – Gold medal with European Record
2000 Sydney Paralympic Games – Gold medal with Paralympic Record
2001 Nottingham Cerebral Palsy World Games – Gold medal with World Record
2002 Lille IPC World Athletics Championships – Gold medal with World Record
2003 Assen IPC European Athletics Championships – Gold medal with European Record
2004 Athens Paralympic Games – Gold medal with Paralympic Record and World Record
2005 Paralympic World Cup – Silver medal
2005 Connecticut Cerebral Palsy World Games – Gold medal
2005 Espoo IPC European Athletics Championships – Gold medal
2006 Assen IPC World Athletics Championships – Gold medal with Championship Record
2007 Paralympic World Cup – Silver medal
2008 Paralympic World Cup – Silver medal
2008 Beijing Paralympic Games – Silver medal

Major International Competition Attendance/Honours cont.:

Discus

1997 Nottingham Cerebral Palsy World Games – Silver medal
1998 Birmingham IPC World Athletics Championships – Fifth place
1999 Nottingham Cerebral Palsy European Athletics Championships – Silver medal
2000 Sydney Paralympic Games – Bronze medal
2001 Nottingham Cerebral Palsy World Games – Fifth place
2002 Lille IPC World Athletics Championships – Silver medal with European Record
2003 Assen IPC European Athletics Championships – Gold medal with European Record
2005 Connecticut Cerebral Palsy World Games – Gold medal with Championship Record
2005 Espoo IPC European Athletics Championships – Sixth place
2006 Assen IPC World Athletics Championships – Fifth place
2008 Beijing Paralympic Games – 12th place

National Competition Attendance/Honours:

1999 Cerebral Palsy Grand Prix Series – Runner up
2000 Cerebral Palsy Grand Prix Series – Winner
2001 Cerebral Palsy Grand Prix Series – Winner

Club

1995 National Championships – Gold medal
1996 National Championships – Gold medal
1997 National Championships – Gold medal with National Record
1998 National Championships – Gold medal
1999 National Championships – Gold medal
2000 National Championships – Gold medal
2001 National Championships – Gold medal
2003 National Championships – Gold medal with World Record
2005 National Championships – Gold medal
2006 National Championships – Gold medal
2007 National Championships – Gold medal
2008 National Championships – Gold medal with World Best

Discus

1997 National Championships – Gold medal
1998 National Championships – Silver medal
1999 National Championships – Gold medal
2000 National Championships – Gold medal
2001 National Championships – Gold medal
2003 National Championships – Gold medal
2005 National Championships – Gold medal
2006 National Championships – Gold medal
2007 National Championships – Gold medal

Athlete Profile

Awards:

1996 Cerebral Palsy Sport England & Wales Athlete of the Year
1997 Northern Rock North East Special Achievement Award
2000 Cerebral Palsy Sport England & Wales Athlete of the Year
2000 Northern Rock North East Disabled Sports Personality of the Year
2000 Sport Aid Special Achievement Award
2000 Gateshead Harriers Athletics Club Life Membership
2001 Chronicle Young Achievers Sports Award

2003 Npower Disabled Sportsman of the Year
2003 CP Sport Athlete of the Year
2003 North East Disabled Sports Personality of the Year
2004 Npower Services to Disabled Sport Award
2004 Chronicle Young Sports Achiever of the Year
2004 Sport Aid North East Sports Personality of the Year
2004 CP Sport Athlete of the Year
2005 Sport Aid Northern Personality of the Year
2005 Sport Newcastle Frank Brennan Trophy
2005 Npower Disabled Sportsman of the Year
2005 Duke of Edinburgh Gold award
2005 Awarded freedom of Blyth Valley Borough
2006 Sport Newcastle Sports Personality of the Year
2006 North East Disabled Sports Personality of the Year

How I Got Into Sport:

I've always liked taking part in sport, from a young age I played football with my friends. I started doing sport competitively when I went to an after school sports club at Percy Headley. I tried a number of different sports there and was firstly very good at boccia, but I eventually moved into athletics with the help of my first coach Norman Burns.

Greatest Sporting Moment:

Every moment I spend in sport is great, the highs and lows, they are all part of sport and I love it. To pick out one moment is very difficult. However, when I received my 3rd straight Gold medal in Athens I realised how great sport is and how privileged I have been to do what I have done. I felt a mixture of joy, honour, relief and achievement at the same time, which does not happen often in life.

Most Disappointing Sporting Moment:

Disappointment is part and parcel of sport, I am regularly disappointed but when I stop being disappointed I will know that it is time to stop doing sport. I suppose I was the most disappointed when I had to have an operation on my left abductor muscle that would stop me training for a few months. I also broke my little toe that year, so it was a disappointing year.

Most Inspirational Sporting Moment:

Watching Linford Christie win 100m Gold at the Barcelona Olympics in 1992.

Most Admired Sports Personalities:

Linford Christie, Steve Backley, Michael Johnson, Jonathan Edwards, Alan Shearer, Bobby Robson.

Sporting Interests:

Watching Football (Newcastle United), playing football. I like all sports, watching and playing the ones that I can. I also enjoy coaching.